

**The Solar-Stellar Spectrograph: A 25-year Retrospective**

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The data compiled within this retrospective poster stem from the on-going and past 25 years of observations by the Solar-Stellar Spectrograph (SSS) project at Lowell Observatory, and some time series from the Mount Wilson Observatory (MWO) HK Project, granting us as much as 50 years for some activity records. We show a variety of time series from the SSS project and, for select targets, from the MWO HK Project for the Sun and solar analog stars. We see the usual three types of behaviors in solar analog stars: irregular activity, cyclic activity, and flat activity (FA), and examine their prevalence in the SSS data relative to results reported from MWO. We also compare the activity levels of FA stars with those of cycling star minima to identify any systematic differences. We also present the ensemble properties of the entire SSS sample to provide some snapshots of stellar activity as revealed by our quarter century of observations.