Constraining Exoplanet Atmospheres with Multi-wavelength Flare Campaigns

Ward Howard Sagan Fellow, University of Colorado Boulder

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Observing the atmospheres of rocky exoplanets

JWST is beginning to characterize the atmospheres of terrestrial exoplanets for the first time.

These terrestrial planet targets each orbit a nearby M-dwarf due to signal-to-noise constraints

M-dwarfs are also known for high levels of stellar activity, which impact the characterization and habitability of these worlds



Observing the atmospheres of rocky exoplanets



Large flare from M5.5 dwarf, Proxima Cen, Evryscope (Law+ 2015, Howard+ 2018)

The smallest flares contaminate JWST observations of terrestrial atmospheres, potentially inducing false positives

The largest stellar flares increase the brightness of the star by 100X, driving disequilibrium chemistry in terrestrial atmospheres



JWST Cycle 1 GO 2589 / PI: Olivia Lim

We will explore the multi-wavelength emission of stellar flares and their impact on exoplanet habitability and characterization through:



(1) Carrying out the first population-level survey of M-dwarf flare stars with ALMA, *Chandra*, Swift, and TESS to explore flare-induced photochemistry in terrestrial atmospheres



(2) Using flare spectroscopy to determine the challenges stellar activity creates for transmission spectroscopy of terrestrial planets

Research question (1)

Carrying out the first population-level survey of M-dwarf flare stars with ALMA, *Chandra*, Swift, and TESS

What is a solar or stellar flare?

Flares occur when magnetic reconnection accelerates charged particles down field lines toward the star, heating the plasma



Stars flare across the electromagnetic spectrum

No single observation (at any wavelength) can give us a complete picture of the physics at work or the energies produced during a flare

We need multiwavelength observations to better understand stellar flares!





Simultaneous X-ray to millimeter flare observations of Proxima Cen for 40 hours

Coordinating PI: Meredith MacGregor, Johns Hopkins



ALMAEvryscopeTESSSwiftmillimeteroptical photometryoptical (space)UV, X-ray (space)du PontLCOGT 1-mHSTChandraoptical spectroscopyoptical photometryUV (space)X-ray (space)

The first flare observed with *Chandra* and ALMA compared with solar flares



The soft X-ray is typical of solar flares— what about the millimeter?



The soft X-ray is typical of solar flares— what about the millimeter?



Millimeter and UV emission trace each other closely in a large flare, while optical emission is delayed

Could millimeter observations trace the high energy radiation environment of exoplanets?

We need more than one star to find out!

Large flare from Proxima on May 1, 2019



MacGregor,, Howard+ 2021, ApJ Letters 911, 25

I am leading a simultaneous campaign at X-ray, NUV, and optical wavelengths for the first population of ALMA flares from 6-7 M-dwarfs of various ages and activity levels*



* ALMA Cycle 9 PI: **Howard**, ALMA Cycle 8 PI: MacGregor, *Chandra* & *Swift* Science-PI: **Howard**, HST PI: MacGregor, NICER PI: Paudel, Evryscope PI: Law, TESS Cycle 5 PI: MacGregor

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Target	SpT	D (pc)	Age (Gyr)	Radio/mm	Optical	UV/X-ray
Proxima Centauri	M5.5V	1.3	4.85	ALMA	TESS Evryscope Du Pont LCOGT	HST Swift Chandra
Barnard's Star	M4V	1.8	10	ALMA	Evryscope	Swift NICER
Wolf 359	M6V	2.0	0.1 - 0.35	ALMA	Evryscope	HST Swift Chandra NICER
Ross 154	M3.5V	2.9	<1	ALMA	Evryscope	Swift NICER
Ross 128	M4V	3.4	9.5	ALMA	Evryscope	Swift NICER
GJ 674	M2.5V	4.5	0.1 - 1	ALMA	TESS	Swift
G 41-14	M3.5V	6.8	~0.2	ALMA	TESS	Swift

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We explore the timing and energy budget of flares with 20 sec TESS, NUV, and soft X-ray data

Different NUV flares have different amounts of red optical and X-ray emission



Howard+ 2024, in preparation

High energy observations obtained with Chandra at the same time as ALMA



Wolf 359 / Chandra DDT 23208839 (Howard); Proxima / DDT 20208674 (MacGregor)

Wolf 359 is a young analog of Proxima Cen, allowing us to explore the evolution of the flare properties with age

Why do multi-wavelength flares matter for planetary atmospheres?

The high-energy stellar emission is a key source of uncertainty in interpreting transit spectra

Accurate scaling relations from optical to XUV wavelengths lead to better photochemical models

Model transmission spectrum of super-Earth GJ 176b



Teal+ 2022, ApJ 927, 90, "Effects of UV Stellar Spectral Uncertainty on the Chemistry of Terrestrial Atmospheres"

Why do multi-wavelength flares matter for planetary atmospheres?

Atmospheres of rocky exoplanets targeted with JWST transmission spectroscopy are particularly sensitive to flares



Schaefer, MacGregor, **Howard**+ in preparation

Research question (2)

Determine the challenges stellar activity creates for transmission spectroscopy of terrestrial planets

A NEAT opportunity for JWST transit spectroscopy of the TRAPPIST-1 system



TRAPPIST-1 is a nearby M8 dwarf that hosts 7 terrestrial planets, 3 of which are in the habitable zone.

Numerous JWST programs are targeting the TRAPPIST-1 planets for transmission spectroscopy, including the NIRISS Exploration of the Atmospheric diversity of Transiting exoplanets (NEAT) collaboration (PIs: David Lafrenière, Olivia Lim)

TRAPPIST-1's stellar activity does not make transit spectroscopy easy!

microflares

starspots

plages (bright spots)

coronal mass ejections

faculae

stellar flares

Why does any of this matter for transit spectroscopy? The transit light source effect





Why does any of this matter for transit spectroscopy? The transit light source effect





Why does any of this matter for transit spectroscopy? The transit light source effect



Any difference between the spectrum of the transit chord and the rest of the star leads to contamination, including: (1) occulted starspots (2) unocculted starspots (3) time variability such as flares

TRAPPIST-1 is an extremely active flare star

So far, flare contamination has been observed in NIRISS and NIRSpec transit spectroscopy of TRAPPIST-1 b, d, f, and g





Monitoring stellar activity in the H α line during transit spectroscopy observations

NIRISS and NIRSpec cover the H α line where stellar activity is most prominent



Monitoring stellar activity in the H α line during transit spectroscopy observations

We observe four large flares in the H α light curves, shown in detail below:



Exploring the NIR spectra of flares with JWST

Subtract spectra of integrations during the flare from integrations during quiescence to create flare-only spectra



First characterization of flare continuum beyond 1 µm in any stellar flare



Broadband NIR light curves

Longer wavelength bands release less energy and show a longer decay



Evolution of the flare continuum in time



10-bar CO2 atmosphere model for TRAPPIST-1b reproduced from Lustig-Yaeger+ 2019, AJ 158, 27

NIRISS detects NIR emission lines in the flare-only spectra, including some firsts



NIRISS detects many flare lines, including some firsts



Removing the flare line and continuum from the transit spectrum

Flare contamination ranges from 20000±1700 ppm at 0.7 μm, 2100±400 ppm at 2 μm and 2700±900 ppm at 2.8 μm



Goal: Use our NIRISS flare spectra to mask out lines and subtract the best-fit blackbody from the transit spectrum

Removing the flare spectrum from the transit of TRAPPIST-1f



Up to 80% of flare contamination can be removed, especially from 1.0–2.4 μ m

Next steps: Removal of flare contamination from TRAPPIST-1b transmission spectrum?



Lim+ 2023, ApJ Letters, arXiv:2309.07047

Does flare mitigation have broader applicability?







L 98-59 b, c, and d Orbit M3 flare star (JWST GO 1201, 1224, 2512, 3730, 3942, 4098)



LTT 1445A b and c Orbit M3 flare star (JWST GO 2512, 2708, likely Cycle 3 or 4 target)

A NEAT opportunity for JWST transit spectroscopy of the TRAPPIST-1 system



Astrophysical & Planetary Sciences **COLLEGE OF ARTS AND SCIENCES**



Ward Howard Adam Kowalski (Flares Lead)

Alexander Brown





Meredith MacGregor





TROTTIER INSTITUTE FOR RESEARCH ON **EXOPLANETS**



David Lafrenière / PI Olivia Lim/ PI





Laura Flagg



Néstor Espinoza



René Doyon Björn Benneke

Pierre-Alexis Roy

Michael Radica



Caroline Piaulet

Key takeaways



Flares drive photochemistry in exoplanet atmospheres and are a key source of unpredictable contamination for transit spectroscopy



No one wavelength describes a flare, so multi-wavelength observations are needed to understand the energy budgets of flares



We characterize the continuum spectra of flares in the NIR and find up to 80% of contamination can be removed from transit spectroscopy



Flare mitigation may be a viable pathway to increase the impact of transit observations of small planets around active stars

Backup Slides

Assessing the improvement to the transit light curves after flare removal



Howard+ 2023, ApJ, in press

We find up to 80% of flare contamination can be removed, with mitigation most effective from 1.0–2.4 μ m

Validating flare light curves with multiple pipelines

NIRISS flares are reduced with both supreme-SPOON (Radica+ 2023) and transitspectroscopy (Espinoza 2022), NIRSpec flares with Eureka! (Bell+ 2022)



Flare frequency distribution of TRAPPIST-1 in the TESS bandpass



Reversed Paschen decrement of M-dwarf flares

